

Lesson 32

Old Me, New Me



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Having different kinds of feelings during puberty is normal.

Kids Like You

Fernando Fernando has always been close to his family. But now that he's in fifth grade, he finds it hard at times to choose between family and friends. Fernando loves his family—he just wants to hang out with other kids his own age.

What do you think Fernando might be feeling?

Samantha Samantha wonders if the new boy in her class will talk to her today. He seems very quiet and shy—he's been there for two weeks and has hardly said a word to anyone. But Samantha likes him and thinks he likes her.

What do you think Samantha and the new boy might be feeling?

LeRoy LeRoy's dad tells him that growing up happens fast enough without rushing it. His dad says that there will be plenty of time for LeRoy to do the things he wants. But LeRoy's friends give him a hard time when he doesn't get to do the things they do or go to some of the places they go.

What do you think LeRoy might be feeling?

Bill His older brother is 5'10" and Bill hopes he will get to be at least that tall. Bill hates being the shortest boy on the basketball team. He'd really like to play another position besides guard. All the girls at school call him "cute"—as if he's a puppy or something.

What do you think Bill might be feeling?

Jayla Jayla's parents can be a little strict at times. Jayla gets jealous of friends who get to make more choices than she does. Her friends seem to have more say about the clothes they wear and the things they do. Jayla would like to try wearing a little makeup, but she's not sure her parents would go for that.

What do you think Jayla might be feeling?



Puberty brings new thoughts, feelings, choices and responsibilities.

Name _____

Old Me, New Me

Directions: Read and complete the chart.

Ways I Have Changed

	What's different about me now	Why I like or don't like the change
Socially (my friends)		
Mentally (my thoughts)		
Physically (my body)		
Emotionally (my feelings)		

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