

Lesson 36

Gender Roles & Expression



Who I Am

J's Story

J loves all kinds of sports and is good at most of them.

J. plays on the baseball and soccer team at school and wants to try out for basketball next year.

Do you think J is a boy or a girl and why?

B's Story

B has always liked making things to wear. At first it was necklaces and other things with beads. But now B is learning to sew clothes. B would like to be a fashion designer someday.

Do you think B is a boy or a girl and why?

K's Story

Music has always something that makes K happy. K plays the piano and can't wait to join band or choir in middle school. K can often be heard humming a song in the hallway on the way to class.

Do you think K is a boy or a girl and why?

T's Story

T has always liked to wear clothes that are different. Today at lunch, some kids started teasing T in a really mean way. "I can't believe you dress like that!" one of them said. "Why can't you just be normal?" All the other kids started laughing.

Do you think T is a boy or a girl and why?

Gender Definitions

- Gender
- Gender Roles
- Gender Identity
- Gender Expression

**People express
their gender in
different ways.
Everyone deserves
respect!**

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Do you think T is a boy or a girl and why?

Name _____

Express Yourself!

Part 1

Directions: Answer the questions to help yourself think about gender roles and ways people express themselves. You will be working with your group to create a text message campaign to share these ideas with others.

1. Why is important to respect yourself and others?

2. Why is accepting a range of gender roles important?

3. Why is it wrong to tease or bully people based on how they express themselves?

Part 2

Directions: Work with your group to come up with 2 or 3 short messages to remember how important it is to respect how people choose to express themselves around their gender.

Our Text Messages