

Lesson 38

Seeking Information & Support



A Good Resource Is...

- **Accurate**
- **Trustworthy**

What are some examples?

**How do you know you
can count on these
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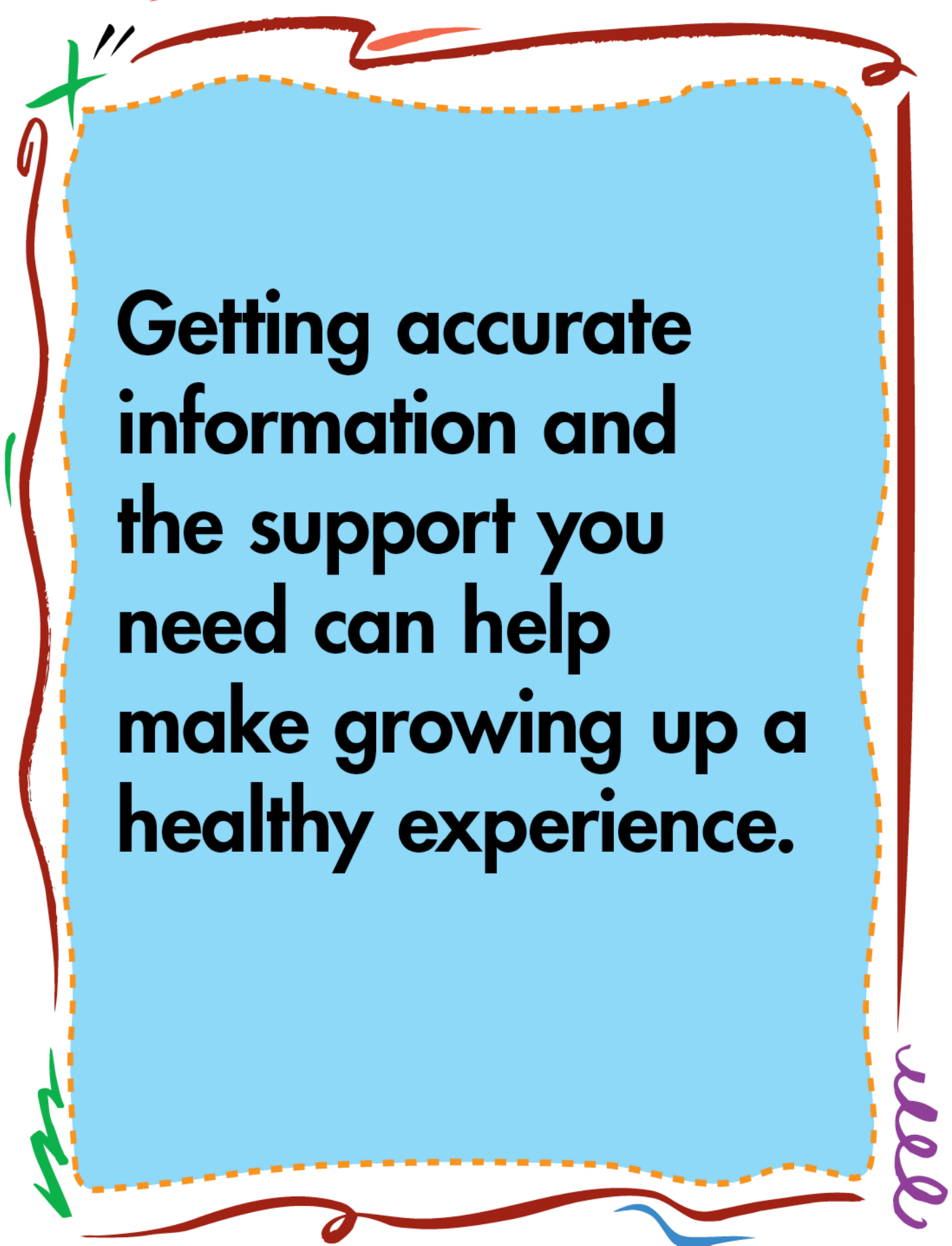
**How do you know you
can count on these
resources?**

Name _____

Getting Information and Support

Directions: Read each scenario. Think about the emotions and needs in each one. Then identify where you could go for information and/or personal support.

Scenario	Where could you get accurate information?	Who could give you support?
<p>1</p> <p>You want to know more about all the new emotions you are feeling. You are curious.</p>		
<p>2</p> <p>Someone in class has been trying to touch you and you don't like it. You are upset and embarrassed.</p>		
<p>3</p> <p>You've noticed something different about your body. You wonder if it's normal. You feel worried.</p>		



**Getting accurate
information and
the support you
need can help
make growing up a
healthy experience.**