

Is It OK?

Directions: Read each item. Circle the “A” if the behavior is an appropriate way to express affection toward someone you feel attracted to. Circle the “I” if it is inappropriate. Be prepared to defend your answers.

Behavior	Inappropriate	
	Appropriate	
Asking someone to dance at the school dance	A	I
Holding hands in the school hallway	A	I
Kissing in the school hallway	A	I
Watching TV show or movie together that has sexual scenes	A	I
Sending an affectionate text message	A	I
Sending a sexy picture or sexual text message	A	I
Putting your arm around someone	A	I
Putting your arm around someone who doesn't want you to	A	I
Introducing someone to your family	A	I
Being alone with each other	A	I
Touching each other in a sexual way	A	I
Having sex	A	I

Lesson 3

Healthy behavior

Not pressuring
others into sexual
behaviors.

Health terms

affirmative

consent

nonverbal

verbal

Student Journal

What Is Affirmative Consent?

Journal entry

Think about or imagine a time when you said yes to something you really wanted to do. Write a few sentences about that experience. How did it feel? Why did you say yes? Is it something you would want to do again?

Now think about or imagine a time when you said yes to something you really didn't want to do, and write a few sentences about that experience. How did it feel? Why did you say yes? Is it something you would want to do again?

(continued)

Lesson 3

Student Journal What Is Affirmative Consent? *(continued)*

Let's watch a movie – observer notes

Were the two people able to agree on a movie?	
<input type="checkbox"/> YES. What worked well? 	<input type="checkbox"/> NO. What got in the way?
What nonverbal signals did each of them give? 	
Did they listen to each other and respect what the other person wanted? 	

(continued)

Lesson 3

Student Journal

What Is Affirmative Consent? *(continued)*

Affirmative Consent means that both people clearly and freely agree to engage in an activity.

Consent can be given through words or actions, as long as those words or actions clearly communicate a Yes.

Steps of affirmative consent

1. Listen

2. Express

3. Respect
