Lesson 1

Healthy behavior

Being sexually abstinent.

Health terms

appropriate
consequence
gender identity
genitals

HIV (human immunodeficiency virus)

media

norms

peers

perceived norms

pregnancy

puberty

reliable

reproductive

sexual abstinence

sexual activity

sexual health

sexual intercourse

sexual orientation

sexuality

sexually active

sexually transmitted infection (STI)

Student Journal

Understanding Sexual Health

Write down 3 or 4 things you do to take gare of your health

Journal entry

ville devil of i mings you do to take care of your nearth.

Class agreements

These are our guidelines that could help everyone feel more comfortable wher
talking about sexuality in this class:

Sexual activity is any sexual behavior that can result in pregnancy or an STI, including HIV.

Sexual abstinence is choosing not to do any sexual behavior that can result in pregnancy or an STI.

(continued)



Student Journal Understanding Sexual Health (continued)

15 % Cinny	Who's having sex?
	Out of every 100 ninth graders in the United States, I think
	have ever had sexual intercourse
	have had sexual intercourse in the past 3 months night it affect a person's choices
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ey thou	have had sexual intercourse in the past 3 months night it affect a person's choices