

1

transmitted
infection (STI)

[illegible]

Lesson 1

Student Journal Understanding Sexual Health *(continued)*

Benefits of being sexually abstinent



Who's having sex?

Out of every 100 ninth graders in the United States, I think

_____ have ever had sexual intercourse

_____ have had sexual intercourse in the past 3 months

How might it affect a person's choices...

If they thought that a lot of people their age were having sex?

If they knew that most people their age were sexually abstinent?

Protecting your sexual health

What are some ways young people can protect their sexual health?
