



Lesson 2

Journal entry

List at least 2 benefits of being sexually abstinent.



Your Identity is who you are. It includes all of the things that make you a unique individual.

What are some of the things you value or like about yourself?



Healthy behavior

**Treating others
with respect.**

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By the end of this lesson, you will be able to...

- 1. Apply ways to challenge sexual stereotyping.**
- 2. Describe how sexual stereotyping can negatively affect people.**
- 3. Explain why it's important to challenge sexual stereotypes.**



Have you ever heard
the term **stereotype**?

What does this
word mean?

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**Have you ever heard
the term stereotype?**

**What does this
word mean?**

**A stereotype is a fixed
idea about a person or
group of people based
on limited knowledge
and experience.**

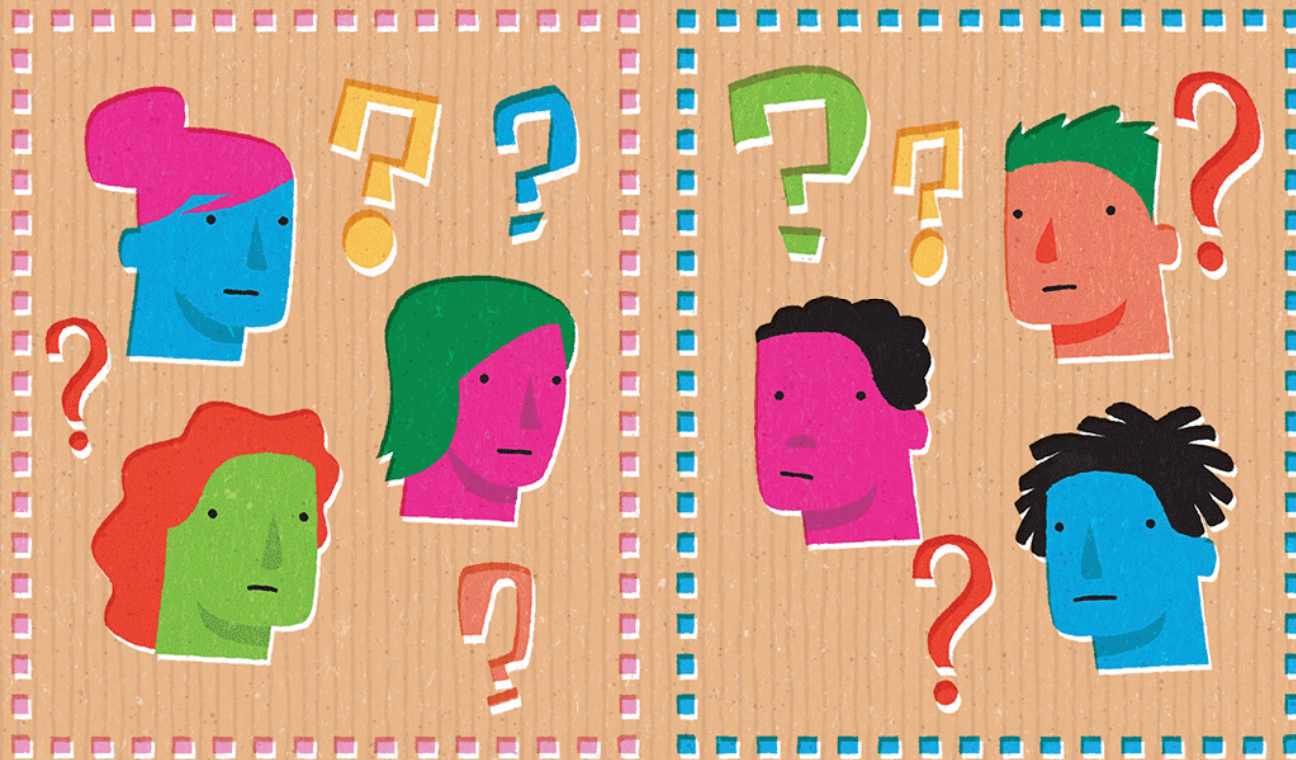
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Is a stereotype true for everyone in that group?

How could it be hurtful or harmful to judge people in this way?



People often stereotype others they perceive as “different” from themselves.

Sometimes people tease or bully someone based on stereotypes.

All people deserve to be treated with courtesy and respect.



**What are some of the
negative consequences
of sexual stereotyping?**

