



Green Mountain School District No. 103

13105 NE Grinnell Road • Woodland, WA 98674 • (360) 225-7366 • FAX (360) 225-2217

January 30, 2026

Dear 4th through 8th Grade Parents:

In 2020 the Washington State Legislature passed Senate Bill 5395 requiring school districts to provide Comprehensive Sexual Health education to students in grade 4-12, in addition the AIDS Omnibus Act mandates HIV/AIDS prevention education annually in grades 5th -8th. Beginning in the 2022-23 school year we were required to provide sexual health education once in either 4th or 5th grade and at least twice in grades 6th through 8th. Green Mountain School will provide sexual health instruction for 5th, 7th, and 8th grades. This instruction will begin on 2/09/26 and run through the end of March. Mrs. Kipp, our health/PE teacher, will be the instructor and teaching will take place during each classes' health time.

4th grade (Menstrual Cycle-girls only) – Monday, March 23rd @ 9:35-10:15

5th grade (Sexual health & HIV/AIDS) – Fridays @ 9:35-10:15

6th Grade (HIV/AIDS only-1 class) – Wednesday, March 25th @ 9:10-9:50

7th Grade (Sexual health & HIV/AIDS) – Thursdays @ 9:10-9:50

8th Grade (Sexual health, HIV/AIDS, Sex Trafficking Safety) – Friday @ 9:10-9:50

Due to the sensitive nature of this teaching, we have worked hard to create a curriculum that meets OSPI's requirement while considering the values and interests of our district families. Our staff is trained to lead discussions that recognize value-based questions. When these questions arise, our teachers do not share their personal opinions. Instead, they will help students recognize that health, relationship, and sexual choices are determined by family and the norms of a culture. Please partner with us in your child's education during this unit of study.

You can preview the videos and curriculum being used by going to our school website under the "Families & Students" tab. Each grade level curriculum is listed separately, but feel free to preview all materials. These materials will remain posted on our website indefinitely.

If you are choosing to exempt your child(ren) from participating in this instruction, recognize that students tend to talk about content during the school day. Your child may receive second-hand information. Previewing the curriculum in advance will help you respond to any questions your child may have.

The State of Washington requires parents to review the content/presentation materials before opting their child out of the instruction. Students who do not participate in this instruction will go to another location where an alternate health assignment will be completed.

Attached to this letter is an "Opt Out" form that **needs to be returned to the school office by 2/7/26**. This will allow parents/guardians time to preview the curriculum content.

Please let me know if you have any questions.

PAWsitively,

Jacqui Vansoest, Principal
Jacqui.vensoest@greenmountainschool.us



2025-26 School Year

Sexual Health/HIV & AIDS Instruction Student Waiver

I have previewed the planned Green Mountain School District Sexual Health/HIV & AIDS curriculum and request that my student(s) be exempt from the below listed instruction.

Student Name (Printed)

Grade

Student Name (Printed)

Grade

4th Grade Menstrual Cycle Information

5th Grade HIV/AIDS Instruction

5th Grade Sexual Health Instruction

5th Grade Gender Identification Instruction

6th Grade HIV/AIDS Instruction

7th or 8th Grade Sexual Health Instruction

7th or 8th HIV/AIDS Instruction

7th or 8th Grade Gender Identification Instruction

8th Grade Sex Trafficking Safety Instruction

All HIV/AIDS, Sexual Health & Gender Identification Instruction

Parent/Guardian Name (Printed) _____

Parent/Guardian Signature _____

Date _____

****PLEASE RETURN THIS FORM TO THE SCHOOL OFFICE BY
2/7/26.**