

Chapter 3 At a Glance

- **Session Context:** This is the 3rd of 4 sessions in the *Safe and Supported Personal Safety Unit*. In this 30-minute lesson, students will learn what human trafficking is, how to identify warning signs both in person and online, and how manipulation can impact personal safety. Students will be able to answer these essential questions: *How do we respond when our personal boundaries are crossed or our safety is at risk, in public or online? How can we respond or refuse the actions of others who attempt to cross our safety boundaries? What are the warning signs of human trafficking? What are the warning signs of coercion or manipulation, and how can this impact our personal safety?*
- **5 Min Optional Extension Activity:** In this activity, students will rewatch a video from earlier in the lesson and apply their learning by answering three key questions: *What stands out to you now that you have a deeper understanding of human trafficking? How has your awareness of how it can happen changed? Did you notice any other warning signs in the video that we haven't discussed yet?*
- **Video Context:** There is a brief *I Know Campaign* Introduction Video that introduces the campaign, a personal safety initiative that empowers students to understand their feelings, set boundaries, and seek help—because knowing these things is just as important as everything else you learn in life. There is a second video that depicts a conversation between two teenagers, where one suddenly leaves after receiving a suspicious message, hinting at a potential human trafficking situation. The scenario encourages students to recognize warning signs of manipulation and unsafe interactions, both online and in person.
- **Grouping:** Students will turn and share with a partner.
- **Content Advisory:** This lesson covers human trafficking, coercion, and manipulation, topics that may be sensitive for some students. While the content is designed to empower students with knowledge and safety strategies, some discussions may be triggering for those with personal experiences related to these topics. In the lesson, the class will review norms of practicing empathy, being mindful of others' privacy, and respecting each other. Students are reminded to take care of themselves, and if they feel overwhelmed and need a moment to collect themselves, they are encouraged to let the educator know.