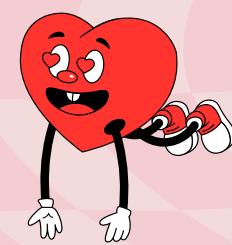
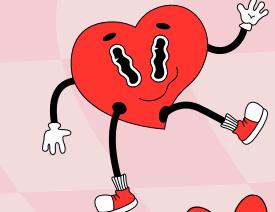
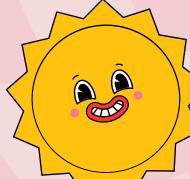
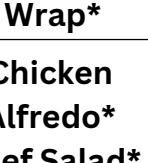
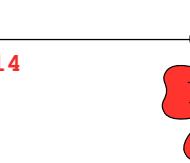
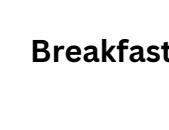
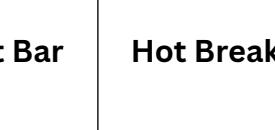


Green Mountain School

February 2026

Breakfast \$2.00
 Lunch \$3.35
 Milk Only \$0.50

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Cheeseburger* Deli Sub* 	3 Enchiladas Chicken Bacon Wrap* 	4 Chicken Potato Bowl Pizza Box* 	5 Egg Roll & Fried Rice Italian Sub* 	6 Pizza* PB&J* 	7 
8 	9 Chicken Burger Club Sandwich* 	10 Chicken Alfredo* Chef Salad* 	11 Orange Chicken & Rice Pizza Box* 	12 Grilled Cheese & Tomato Soup* Deli Sub* 	13 EARLY RELEASE Italian Sub* PB&J* 	14 
15 	16 NO SCHOOL 	17 Tacos* Taco Salad* 	18 Chicken Nuggets Pizza Box* 	19 Mac & Cheese* Club Sandwich* 	20 Pizza* Chicken Caesar Salad* 	21 
22 	23 Sloppy Joe's* PB&J* 	24 Nachos* Italian Wrap 	25 Meatball Sub* Pizza Box* 	26 Chili* Club Salad* 	27 Pizza* Deli Sub* 	28 
WEEKLY BREAKFAST OFFERINGS	Breakfast Sandwich or Burrito	Breakfast Bar	Smoothies	Breakfast Bar	Hot Breakfast	DONUTS ARE LAST FRIDAY OF THE MONTH

*available gluten free

This institution is an equal opportunity provider.

TIPS FOR STAYING PHYSICALLY & MENTALLY HEALTHY

STAY ACTIVE

Play sports or games outside.



EAT HEALTHY

Stay hydrated and avoid junk food.



GET ENOUGH SLEEP

Go to bed early so you wake up refreshed.



MANAGE STRESS

Talk to someone if you feel worried or upset.

