

Green Mountain School

February 2026

Breakfast \$2.00
Lunch \$3.35
Milk Only \$0.50

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Cheeseburger* Deli Sub*	3 Enchiladas Chicken Bacon Wrap*	4 Chicken Potato Bowl Pizza Box*	5 Egg Roll & Fried Rice Italian Sub*	6 Pizza* PB&J*	7
8	9 Chicken Burger Club Sandwich*	10 Chicken Alfredo* Chef Salad*	11 Orange Chicken & Rice Pizza Box*	12 Grilled Cheese & Tomato Soup* Deli Sub*	13 EARLY RELEASE Italian Sub* PB&J*	14
15	16 NO SCHOOL	17 Tacos* Taco Salad*	18 Chicken Nuggets Pizza Box*	19 Mac & Cheese* Club Sandwich*	20 Pizza* Chicken Caesar Salad*	21
	23 Sloppy Joe's* PB&J*	24 Nachos* Italian Wrap	25 Meatball Sub* Pizza Box*	26 Chili* Club Salad*	27 Pizza* Deli Sub*	28
WEEKLY BREAKFAST OFFERINGS	Breakfast Sandwich or Burrito	Breakfast Bar	Smoothies	Breakfast Bar	Hot Breakfast	DONUTS ARE LAST FRIDAY OF THE MONTH

*available gluten free

This institution is an equal opportunity provider.

TIPS FOR STAYING

PHYSICALLY & MENTALLY HEALTHY

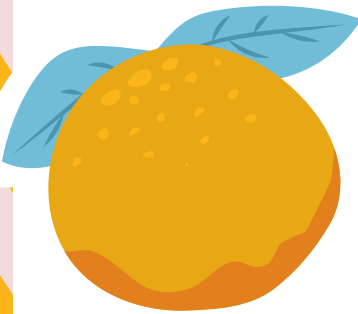
STAY ACTIVE

* Play sports or games outside.



EAT HEALTHY

* Stay hydrated and avoid junk food.



GET ENOUGH SLEEP

* Go to bed early so you wake up refreshed.



MANAGE STRESS

* Talk to someone if you feel worried or upset.

