


GREEN MOUNTAIN SCHOOL DISTRICT

APRIL

MON	TUE	WED	THU	FRI
		1 CHICKEN POTATO BOWL PIZZA BOX*	2 EGG ROLL & FRIED RICE ITALIAN SUB*	3 PIZZA* PB&J*
<b>6 7 8 9 10</b> <b>SPRING BREAK</b>				
13 CHICKEN BURGER CLUB SANDWICH*	14 BEEF TAQUITOS PB&J*	15 ORANGE CHICKEN & RICE PIZZA BOX*	16 GRILLED HAM & CHEESE W/TOMATO SOUP DELI SUB*	17 PIZZA* ITALIAN SUB*
20 CHEESE BURGER* PB&J*	21 TACOS* CHEF SALAD*	22 CHICKEN NUGGETS PIZZA BOX*	23 MACARONI & CHEESE* CLUB SANDWICH*	24 PIZZA* PB&J*
27 CHICKEN BURGER ITALIAN SALAD*	28 NACHOS* CHICKEN BACON WRAP*	29 MEATBALL SUBS* PIZZA BOX*	30 ORANGE CHICKEN & RICE DELI SUB*	MAY 1 PIZZA* PB&J*

YOGURT WITH A BAGEL & STRING CHEESE IS AVAILABLE AT LUNCHTIME

**BREAKFAST MENU**

MONDAY: **BREAKFAST SANDWICH**

TUESDAY: **BREAKFAST BUFFET**

WEDNESDAY: **SMOOTHIES**

THURSDAY: **BREAKFAST BUFFET**

FRIDAY: **HOT BREAKFAST OPTION**

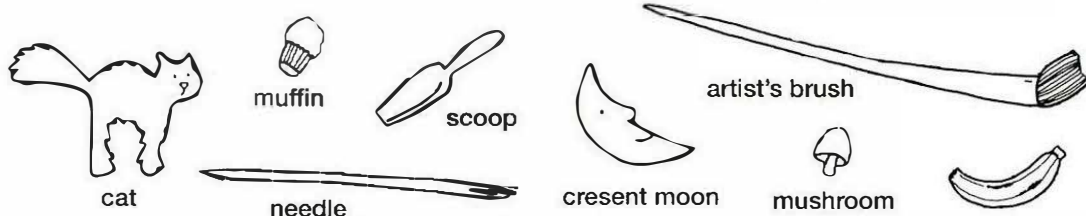
DONUTS ARE SERVED LAST FRIDAY OF THE MONTH



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

\*AVAILABLE GLUTEN FREE

# CAN YOU FIND THE HIDDEN OBJECTS?



- banana
- button
- toothbrush
- glove
- sunglasses
- rabbit
- sock
- American football



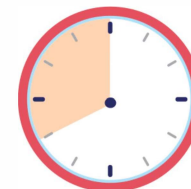
United States Department of Agriculture

## MAKE BREAKFAST FIRST CLASS



Children and adolescents who eat a **protein-rich** breakfast report **lower hunger for up to 4 hours.**

**Not all** children eat breakfast and those who do have improved moods and increased alertness throughout the morning.



**More children participate in school lunch than school breakfast.**

In the National School Lunch Program, 30 million children participate across 97,000 schools and institutions.



But in the School Breakfast Program, only 15 million children participate across 91,000 schools and institutions.



On average, students who participate in the **School Breakfast Program** eat a breakfast of **higher nutritional quality** than students who eat breakfast elsewhere.

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 USDA is an equal opportunity provider, employer, and lender.  
 For more information visit: [www.fns.usda.gov/sbp/school-breakfast-program](http://www.fns.usda.gov/sbp/school-breakfast-program)

